

# February 2024



9:00 Wellness Walkers - OS 10:00 Keep Moving Chair Fitness - LR 1:00 Bible Study w/ Brother Larry - AR 2:00 Sing Along - LR

## Friday 2/2

Groundhog Day 9:00 Wellness Walkers - OS 10:00 Balloon Volley - LR2 1:00 Card Games - AR 2:15 Bingo - DR

#### Saturday 2/3

9:00 Wellness Walkers - OS 10:00 Assorted Activities - LR/AR 1:00 Mix & Mingle - LR 2:00 Resident Led Bingo - AR

# Sunday 2/4

9:00 Wellness Walkers - OS 10:00 Assorted Activities - LR/AR 1:00 Mix & Mingle - LR 2:00 Church of Ansley Parke - AR

## Monday 2/5

9:00 Wellness Walkers - OS 10:00 Nails & Tales - AR 1:00 Wii Bowling - AR 2:15 Bingo - DR

# Tuesday 2/6

9:00 Wellness Walkers - OS 10:00 Keep Moving Chair Fitness - LR 1:00 Movie & Munchies - LR2 6:30 Catholic Communion -AR

#### Wednesday 2/7

9:00 Wellness Walkers - OS 9:30 Outing: Publix 10:00 Mix & Mingle - LR 11:30 Outing: Outback Steakhouse & Goodwill 1:30 Assorted Activities - AR 6:00 Bible Study w/ Pastor Jim - AR

#### Thursday 2/8

9:00 Wellness Walkers - OS
10:00 Keep Moving Chair
Fitness - LR
1:00 Bible Study w/
Brother Larry - AR
2:00 Mardi Gras Party Entertainment:
Jenifer Roys - DR

#### Friday 2/9

9:00 Wellness Walkers - OS 10:00 Resident Council - AR 1:00 Mix & Mingle - LR 2:15 Shoppers Bazaar - AR

# Saturday 2/10

9:00 Wellness Walkers - OS 10:00 Assorted Activities - LR/AR 1:00 Mix & Mingle - LR 2:00 Resident Led Bingo - AR

#### Sunday 2/11

9:00 Wellness Walkers - OS 10:00 Assorted Activities - LR/AR 1:00 Mix & Mingle - LR 2:00 Church of Ansley Parke w/ Pastor Howard- AR 3:00 Super Bowl Pre-Party - LR

#### **Monday 2/12**

Lincoln's Birthday 9:00 Wellness Walkers - OS 10:00 Nails & Tales - AR 1:00 Wii Bowling - AR 2:15 Bingo - DR

#### Tuesday 2/13

9:00 Wellness Walkers - OS 10:00 Keep Moving Chair Fitness - LR 1:00 Creative Arts: Valentine Card Making - AR 2:00 Words in a Word - AR 3:00 Valentine's Photo Booth: Miniature Horse Photos -TBA

#### Wednesday 2/14

Valentine's Day
Ash Wednesday
9:00 Wellness Walkers - OS
10:00 Mix & Mingle - LR
2:00 Sweetheart Dance w/
Jason Brown - DR
6:00 Bible Study w/
Pastor Jim - AR

#### Thursday 2/15

9:00 Wellness Walkers - OS 10:00 Keep Moving Chair Fitness - LR 1:00 Bible Study w/ Brother Larry - AR 2:00 Entertainment: Birthday Bash w/ Guitar Gal - DR

#### **Friday 2/16**

9:00 Wellness Walkers - OS 10:00 ButterBean Auction - LR2 1:00 Cornhole - LR 2:15 Bingo - DR

#### Saturday 2/17

9:00 Wellness Walkers - OS 10:00 Assorted Activities - LR/AR 1:00 Mix & Mingle - LR 2:00 Resident Led Bingo - AR

#### **Sunday 2/18**

9:00 Wellness Walkers - OS 10:00 Assorted Activities - LR/AR 1:00 Mix & Mingle - LR 2:00 Church of Ansley Parke w/ Brother Bob - AR

## **Monday 2/19**

Presidents' Day 9:00 Wellness Walkers - OS 10:00 Nails & Tales - AR 1:00 Wii Bowling - AR 2:15 Bingo - DR

#### Tuesday 2/20

9:00 Wellness Walkers - OS 10:00 Keep Moving Chair Fitness - LR 1:00 Indoor Gardening - AR 2:00 Creative Arts - AR 6:30 Catholic Communion -AR

#### Wednesday 2/21

9:00 Wellness Walkers - OS 10:00 Mix & Mingle - LR 11:00 Outing: First Watch 1:30 Assorted Activities - AR 1:30 Movie and Popcorn -LR2 6:00 Prayer Meeting w/ Pastor Jim - AR

#### Thursday 2/22

9:00 Wellness Walkers - OS 10:00 Keep Moving Chair Fitness - LR 1:00 Bible Study w/ Brother Larry - AR 2:00 Entertainment: Debora Mims - DR

#### Friday 2/23

9:00 Wellness Walkers - OS 10:00 Pokeno & Coffee - AR 1:00 Sing Along - LR 2:15 Bingo - DR

#### Saturday 2/24

9:00 Wellness Walkers - OS 10:00 Assorted Activities - LR/AR 1:00 Mix & Mingle - LR 2:00 Resident Led Bingo - AR

#### **Sunday 2/25**

9:00 Wellness Walkers - OS 10:00 Assorted Activities - LR/AR 1:00 Mix & Mingle - LR 2:00 Church of Ansley Parke - AR

#### Monday 2/26

9:00 Wellness Walkers - OS 10:00 Nails & Tales - AR 1:00 Wii Bowling - AR 2:15 Bingo - DR

#### Tuesday 2/27

9:00 Wellness Walkers - OS 10:00 Keep Moving Chair Fitness - LR 1:00 Words in a Word - AR 2:00 Creative Arts - AR

#### Wednesday 2/28

9:00 Wellness Walkers - OS 10:00 Mix & Mingle - LR 11:00 Outing:Firehouse Subs & Burlington 1:30 Assorted Activities - AR 6:00 Bible Study w/ Pastor Jim - AR

## Thursday 2/29

9:00 Wellness Walkers - OS 10:00 Keep Moving Chair Fitness - LR 1:00 Bible Study w/ Brother Larry - AR 2:00 Cones & Cornhole - LR

#### KEY:

AR - Activity Room
DR - Dining Room
LR - Living Room
LR2 - Living Room 2nd
Floor
MR - Movie Room
OS - Outside
TBA - To Be Announced
CY - Dining Room Court
Yard

Activities are Weather Permitting and subject to change!



Ansley Parke at Oakbridge
Assisted Living