# ANSLEY PARKE at ASSISTED LIVING November 2023

#### Wednesday 11/1

9:00 Wellness Walkers - OS 10:00 Mix & Mingle - LR 10:00 Publix Outing 1:30 Assorted Activities - AR 1:30 Lakeside Village & Coldstone Creamery Outing 6:00 Bible Study w/ Pastor Jim - AR

#### Thursday 11/2

9:00 Wellness Walkers - OS 10:00 Keep Moving Chair Fitness - LR 1:00 Bible Study w/ Brother Larry - AR 2:00 Entertainment: Jenifer Roys - DR

#### Friday 11/3

9:00 Wellness Walkers - OS 10:00 Resident Council - AR 1:00 Mix & Mingle - LR 2:15 Shoppers Bazaar - AR

#### Saturday 11/4

9:00 Wellness Walkers - OS 10:00 Assorted Activities - LR/AR 1:00 Mix & Mingle - LR 2:00 Resident Led Bingo - AR

## Sunday 11/5

DAYLIGHT SAVINGS ENDS 9:00 Wellness Walkers - OS 10:00 Assorted Activities - LR/AR 1:00 Mix & Mingle - LR 2:00 Church of Ansley Parke - AR

#### Monday 11/6

9:00 Wellness Walkers - OS 10:00 Nails & Tales - AR 1:00 Wii Bowling - AR 2:15 Bingo - DR

#### Tuesday 11/7

9:00 Wellness Walkers - OS 10:00 Meet at the Flagpole - OS 10:15 Keep Moving Chair Fitness - LR 1:00 Pokeno - AR 2:00 Creative Arts - AR 6:30 Catholic Communion - AR

#### Wednesday 11/8

9:00 Wellness Walkers - OS 10:00 Card Games - AR 11:00 Mission BBQ Outing 1:30 Assorted Activities - AR 1:30 Dollar General Market Place Outing 6:00 Bible Study w/ Pastor Jim - AR

## Thursday 11/9

9:00 Wellness Walkers - OS 10:00 Keep Moving Chair Fitness - LR 1:00 Bible Study w/ Brother Larry - AR 2:00 Cooking: Caramel Apples - AR

## Friday 11/10

9:00 Wellness Walkers - OS 10:00 Horse Racing - LR2 1:00 Words in a Word - AR 2:15 Bingo - DR

#### Saturday 11/11

VETERANS DAY 9:00 Wellness Walkers - OS 10:00 Assorted Activities - LR/AR 1:00 Mix & Mingle - LR 2:00 Resident Led Bingo - AR

#### **Sunday 11/12**

9:00 Wellness Walkers - OS 10:00 Assorted Activities - LR/AR 1:00 Mix & Mingle - LR 2:00 Church of Ansley Parke w/ Pastor Howard - AR

#### **Monday 11/13**

9:00 Wellness Walkers - OS 10:00 Veteran's Day Ceremony - LR2 1:00 Wii Bowling - AR 2:15 Bingo - DR

#### Tuesday 11/14

9:00 Wellness Walkers - OS 10:00 Meet at the Flagpole - OS 10:15 Keep Moving Chair Fitness - LR 1:00 Words in a Word - AR 2:00 Creative Arts - AR

#### Wednesday 11/15

9:00 Wellness Walkers - OS 10:00 Pokeno - AR 11:00 IHOP & Phosphate Museum Outing 1:30 Assorted Activities - AR 6:00 Prayer Meeting w/ Pastor Jim - AR

#### Thursday 11/16

9:00 Wellness Walkers - OS 10:00 Keep Moving Chair Fitness - LR 1:00 Bible Study w/ Brother Larry - AR 2:00 Entertainment: Birthday Bash w/ Guitar Gal

## Friday 11/17

9:00 Wellness Walkers - OS 10:00 ButterBean Auction - LR2 1:00 Sing Along - OS 2:15 Bingo - DR

## Saturday 11/18

9:00 Wellness Walkers - OS 10:00 Assorted Activities - LR/AR 1:00 Mix & Mingle - LR 2:00 Resident Led Bingo - AR

#### Sunday 11/19

9:00 Wellness Walkers - OS 10:00 Assorted Activities - LR/AR 1:00 Mix & Mingle - LR 2:00 Church of Ansley Parke w/ Brother Bob - AR

#### **Monday 11/20**

9:00 Wellness Walkers - OS 10:00 Nails & Tales - AR 1:00 Wii Bowling - AR 2:15 Bingo - DR

#### Tuesday 11/21

9:00 Wellness Walkers - OS 10:00 Meet at the Flagpole - OS 10:15 Keep Moving Chair Fitness - LR 1:00 Turkey Racing - LR2 2:00 Creative Arts - AR 6:30 Catholic Communion - AR

#### Wednesday 11/22

9:00 Wellness Walkers - OS 10:00 Card Games - AR 11:00 Red Lobster Outing 1:30 Movies & Munchies - LR2 6:00 Bible Study w/ Pastor Jim - AR

#### Thursday 11/23

THANKSGIVING 9:00 Wellness Walkers - OS 10:00 Keep Moving Chair Fitness - LR 1:30 Movie & Popcorn - LR2

## Friday 11/24

9:00 Wellness Walkers - OS 10:00 Hot Chocolate Social - AR 1:00 Cornhole - LR 2:15 Bingo - DR

## Saturday 11/25

9:00 Wellness Walkers - OS 10:00 Assorted Activities - LR/AR 1:00 Mix & Mingle - LR 2:00 Resident Led Bingo - AR

#### Sunday 11/26

9:00 Wellness Walkers - OS 10:00 Assorted Activities - LR/AR 1:00 Mix & Mingle - LR 2:00 Church of Ansley Parke - AR

## **Monday 11/27**

9:00 Wellness Walkers - OS 10:00 Nails & Tales - AR 1:00 Wii Bowling - AR 2:15 Bingo - DR

## Tuesday 11/28

9:00 Wellness Walkers - OS 10:00 Meet at the Flagpole - OS 10:15 Keep Moving Chair Fitness - LR 1:00 Sing Along - OS 2:00 Nat. French Toast Day - AR

#### Wednesday 11/29

9:00 Wellness Walkers - OS 10:00 Pokeno - AR 11:00 Wendy's Outing 1:30 Assorted Activities - AR 1:30 Goodwill Outing 6:00 Bible Study w/ Pastor Jim - AR

## Thursday 11/30

9:00 Wellness Walkers - OS 10:00 Keep Moving Chair Fitness - LR 1:00 Bible Study w/ Brother Larry - AR 2:00 Entertainment Debora Mims - DR

## KEY:

AR - Activity Room DR - Dining Room LR - Living Room LR2 - Living Room 2nd Floor MR - Movie Room OS - Outside CY - CourtYard DR - Dining Room TBA - To Be Announced

Activities are Weather Permitting and subject to change!